

Month	Contest name	Organiser	Date 2025	Time GMT	Notes
Jan	1.3GHz Activity Contest	Arranged by RSGB	21-Jan	2000 - 2230	RSGB Contest
Jan	2.3GHz+ Activity Contest	Arranged by RSGB	28-Jan	1930 - 2230	RSGB Contest
Feb	122GHz Contest	UKuG	2-Feb	0600 - 1800	
Feb	1.3GHz Activity Contest	Arranged by RSGB	18-Feb	2000 - 2230	RSGB Contest
Feb	2.3GHz+ Activity Contest	Arranged by RSGB	25-Feb	1930 - 2230	RSGB Contest
Mar	Low Band 1296/2300/2320/3400MHz	UKuG	2-Mar	1000 - 1600	First 4 hours coincide with IARU event
Mar	REF/DUBUS EME 2.3GHz	Arranged by REF/DUBUS	8-Mar	0000 - 2400	REF/DUBUS EME 2.3GHz
Mar	1.3GHz Activity Contest	Arranged by RSGB	18-Mar	2000 - 2230	RSGB Contest
Mar	2.3GHz+ Activity Contest	Arranged by RSGB	25-Mar	1930 - 2230	RSGB Contest
Apr	REF/DUBUS EME 1.2GHz	Arranged by REF/DUBUS	5-Apr to 6-Apr	0000 - 2400	REF/DUBUS EME 1.2GHz
Apr	Low Band 1296/2300/2320/3400MHz	UKuG	6-Apr	0900 - 1500	
Apr	1.3GHz Activity Contest	Arranged by RSGB	15-Apr	1900 - 2130	RSGB Contest
Apr	2.3GHz+ Activity Contest	Arranged by RSGB	22-Apr	1830 - 2130	RSGB Contest
May	REF/DUBUS EME 3.4GHz	Arranged by REF/DUBUS	3-May	0000 - 2400	REF/DUBUS EME 3.4GHz
May	432MHz & up	Arranged by RSGB	3-May to 4-May	1400 - 1400	RSGB Contest
May	10GHz Trophy	Arranged by RSGB	4-May	0800 - 1400	Sunday, to coincide with IARU
May	Low Band 1296/2300/2320/3400MHz	UKuG	4-May	0800 - 1400	Aligned with IARU event
May	24GHz/47/76GHz	UKuG	11-May	0900-1700	
May	1.3GHz Activity Contest	Arranged by RSGB	20-May	1900 - 2130	RSGB Contest
May	5.7GHz/10GHz	UKuG	25-May	0600-1800	
May	2.3GHz+ Activity Contest	Arranged by RSGB	27-May	1830 - 2130	RSGB Contest
Jun	Low Band 1296/2300/2320/3400MHz	UKuG	8-Jun	0900 - 1500	Aligned with some Eu events
Jun	1.3GHz Activity Contest	Arranged by RSGB	17-Jun	1900 - 2130	RSGB Contest
Jun	REF/DUBUS EME 24GHz	Arranged by REF/DUBUS	21-Jun	0000 - 2400	REF/DUBUS EME 24GHz
Jun	REF/DUBUS EME 10GHz	Arranged by REF/DUBUS	22-Jun	0000 - 2400	REF/DUBUS EME 10GHz
Jun	2.3GHz+ Activity Contest	Arranged by RSGB	24-Jun	1830 - 2130	RSGB Contest
Jun	5.7GHz/10GHz	UKuG	29-Jun	0600-1800	
Jul	VHF NFD (1.3GHz)	Arranged by RSGB	5-Jul to 6-Jul	1400 - 1400	RSGB Contest
Jul	24GHz/47/76GHz	UKuG	13-Jul	0900-1700	
Jul	1.3GHz Activity Contest	Arranged by RSGB	15-Jul	1900 - 2130	RSGB Contest
Jul	REF/DUBUS EME 5.7GHz	Arranged by REF/DUBUS	19-Jul	0000 - 2400	REF/DUBUS EME 5.7GHz
Jul	2.3GHz+ Activity Contest	Arranged by RSGB	22-Jul	1830 - 2130	RSGB Contest
Jul	5.7GHz/10GHz	UKuG	27-Jul	0600-1800	
Aug	ARRL Microwave EME	Arranged by ARRL	16-Aug to 17-Aug	0000 - 2359	ARRL EME 2.3GHz & Up
Aug	24GHz Trophy Contest	UKuG	17-Aug	0900 - 1700	New event
Aug	1.3GHz Activity Contest	Arranged by RSGB	19-Aug	1900 - 2130	RSGB Contest
Aug	5.7GHz/10GHz	UKuG	24-Aug	0600-1800	
Aug	2.3GHz+ Activity Contest	Arranged by RSGB	26-Aug	1830 - 2130	RSGB Contest
Sep	ARRL Microwave EME	Arranged by ARRL	13-Sep to 14-Sep	0000 - 2359	ARRL EME 2.3GHz & Up
Sep	24GHz/47/76GHz	UKuG	14-Sep	0900-1700	
Sep	1.3GHz Activity Contest	Arranged by RSGB	16-Sep	1900 - 2130	RSGB Contest
Sep	2.3GHz+ Activity Contest	Arranged by RSGB	23-Sep	1830 - 2130	RSGB Contest
Sep	5.7GHz/10GHz	UKuG	28-Sep	0600-1800	
Oct	432MHz & up	Arranged by RSGB	4-Oct to 5-Oct	1400 - 1400	IARU/RSGB Contest
Oct	1.3 & 2.3GHz Trophies	Arranged by RSGB	4-Oct	1400 - 2200	RSGB Contest
Oct	24GHz/47/76GHz	UKuG	5-Oct	0900-1700	
Oct	ARRL EME 50-1296MHz	Arranged by ARRL	11-Oct to 12-Oct	0000 - 2359	ARRL EME Contest
Oct	1.3GHz Activity Contest	Arranged by RSGB	21-Oct	1900 - 2130	RSGB Contest
Oct	2.3GHz+ Activity Contest	Arranged by RSGB	28-Oct	1830 - 2130	RSGB Contest
Nov	ARRL EME 50-1296MHz	Arranged by ARRL	8-Nov to 9-Nov	0000 - 2359	ARRL EME Contest
Nov	Low Band 1296/2300/2320/3400MHz	UKuG	9-Nov	1000 - 1400	
Nov	1.3GHz Activity Contest	Arranged by RSGB	18-Nov	2000 - 2230	RSGB Contest
Nov	2.3GHz+ Activity Contest	Arranged by RSGB	25-Nov	1930 - 2230	RSGB Contest
Dec	1.3GHz Activity Contest	Arranged by RSGB	16-Dec	2000 - 2230	RSGB Contest

Sections	F	Fixed / home station
	P	Portable
	L	Low-power <10W 1.3/2.3/3.4GHz, <1W 5.7/10GHz)

Updated for 2025